

Aqua Buddies will help your child:

- Swim more safely
- Strengthen core muscles
- Relax in the water
- Improve overall coordination
- Learn basic swim strokes

Testimonials

“My son has gained confidence in the water and the program promotes his abilities rather than focusing on his disabilities” Lisa Joseph, parent

“Kelly and Deb are great! They really care about my daughter and her progress. Kayla’s actually swimming without a vest, and is more confident and comfortable in the pool. She really benefits from Aqua Buddies’ personalized OT-based instruction and she’s having FUN!” Heather Shannon, parent

“We love it here, Kelly is the absolute best. Not only is she knowledgeable with the workings of the body, but each ones special need, which sometimes are many. She manages somehow to give each child special attention. All with tender care, kindness and patience and always lots of fun. Jaymie Gaspari, parent

“Joey loves the program. Looking forward to the next session.” Bill Jewell, parent

“After being told by other swim instructors that my daughter simply ‘wasn’t trying’, it was a relief to find an instructor who understood the nature of her challenges. She has made more progress in two months of Aqua Buddies than in a year of regular private swim instruction” Lisa Slager, parent

Directions

Rehab Connection’s Barrington Office

- From the South: Take I - 295 N to exit Rt. 30, toward Lawnside/Berlin. Take the White Horse Pike to 2nd light. Turn right onto Gloucester Pike. Rehab Connection is on the left, adjacent to Royal Courts Fitness Center.
- From the North: Take I - 295 S to exit 29, White Horse Pike, Rt. 30. Turn left on Rt. 30 to 2nd light. Turn right onto Gloucester Pike. Rehab Connection is on the left, adjacent to Royal Courts Fitness Center.

Rehab Connection’s Cherry Hill Office

- From North or South: Take I - 295 to exit 34 A. Continue on Rt. 70 east to 3rd light (Springdale Road.) Turn right and continue one mile to JCC on the left (at the corner of Kresson Road.)

AQUA BUDDIES

50 East Gloucester Pike
Barrington, NJ 08007

Ask for Debra Lischak
Phone: 856-547-4422
Fax: 856-547-0660
E-mail: deb@rehabconnection.org
www.rehabconnection.org



AQUA BUDDIES SWIM PROGRAM 2011



About Aqua Buddies

Since 2002, Rehab Connection has offered Aqua Buddies Swim Program to the community with three sessions per year. The Aqua Buddies Swim Program was created to teach children with special needs to learn how to swim. All sessions are group classes and instructed by a licensed physical and/or occupational therapist. The classes are based on the American Red Cross Learn-to-Swim guidelines. Children above the age of 2 are welcome. Our JCC location allows children not potty trained to attend with a swim diaper. We require that a parent, guardian, or mature sibling accompany the child for instruction and carryover.

The Aqua Buddies Swim Program has received a small yearly community grant from the New Jersey Pediatric Patients' Charitable Trust Fund, Inc. This grant allows qualified participants to receive a reduction in the cost of each session. The grant money will be available on a first come first serve basis to children who qualify under this organization. The web site for the grant is www.sjkidstrust.com and has the qualifying information listed. If you are eligible for the grant, please contact us to determine your modified session rate.

DATES AND TIMES FOR 2011

At Rehab Connection's
Barrington office
50 East Gloucester Pike
Barrington NJ 08007
Next to Royal Courts Fitness Center.

4:45 – 5:45 Intermediate level class
5:45 – 6:45 Beginner level class

SPRING 2011 SESSION (12 weeks)
Wednesdays—February 23rd through
May 18th (except April 20th)

SUMMER 2011 SESSION (6 weeks)
Wednesdays—June 29th through Aug 3rd

FALL 2011 SESSION (12 weeks)
Wednesdays—September 14th through
December 7th (except November 23rd)

At Rehab Connection's
Cherry Hill office at the KATZ JCC
1301 Springdale Road
Cherry Hill NJ 08003

4:45 – 5:45 Beginner level class
5:45 – 6:45 Intermediate level class

SPRING 2011 SESSION (12 weeks)
Thursdays—February 24th through
May 19th (except April 21st)

SUMMER 2011 SESSION (6 weeks)
Thursdays—June 23rd through July 28th

FALL 2011 SESSION (12 weeks)
* Tuesdays—September 27th through
December 13th

* - Please note different day for Fall

Rehab Connection 50 East Gloucester Pike Barrington, NJ 08007 Make checks payable to Rehab Connection	Please check which session of classes you will be joining Spring 2011 Summer 2011 Fall 2011 \$300.00 \$150.00 \$300.00 Due by Feb 1st Due by June 15th Due by Sept. 1st DOB / Age: _____
Child's Name: _____ Address: _____ Phone: _____ E-mail: _____ Emergency contact: _____	Parents' Name (s) _____ Emergency number: _____
Circle time preference Barrington 4:45 pm / 5:45 pm Cherry Hill 4:45 pm / 5:45 pm	
I give permission for _____ to participate in Rehab Connection's Aqua Buddies Swim Program.	
*** Briefly describe diagnosis and swimming skill level: _____	
_____ Parent / Guardian's signature	